

## AANGEPAST TRAININGSSCHEMA CORONA '19-'20

| <b>Maandag:</b>   |              |            |                 |             |               |                |          |
|-------------------|--------------|------------|-----------------|-------------|---------------|----------------|----------|
| Tijd van - tot    | Veld-A1      | Veld-A2    | Veld-B1         | Veld-B2     | Veld-D1       | Veld-D2        | toezicht |
| 17.00 - 17.30     | MO11-1       |            |                 |             | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 17.30 - 17.45     | MO11-1       | JO13-3     | JO11-1 & JO11-2 | JO13-2      | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 17.45 - 18.00     | MO11-1       | JO13-3     | JO11-1 & JO11-2 | JO13-2      | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 18.00 - 18.30     |              | JO13-3     | JO11-1 & JO11-2 | JO13-2      | JO11-3        |                |          |
| 18.30 - 18.45     |              | JO13-3     |                 |             | JO11-3        |                |          |
| 18.45 - 19.00     |              |            |                 | JO17-2      | JO11-3        |                |          |
| 19.00 - 19.15     | JO15-3       | JO15-4     |                 | JO17-2      |               |                |          |
| 19.15 - 19.45     | JO15-3       | JO15-4     |                 | JO17-2      | JO15-5M       | JO15-5M        |          |
| 19.45 - 20.00     | JO15-3       | JO15-4     |                 | JO17-2      | JO15-5M       | JO15-5M        |          |
| 20.00 - 20.15     | VR1          |            | JO17-1          |             | JO15-5M       | JO15-5M        |          |
| 20.15 - 20.30     | VR1          |            | JO17-1          |             |               |                |          |
| 20.30 - 21.00     | VR1          |            | JO17-1          |             |               |                |          |
| 21.00 - 21.30     | VR1          |            | JO17-1          |             |               |                |          |
| <b>Dinsdag:</b>   |              |            |                 |             |               |                |          |
| Tijd van - tot    | Veld-A1      | Veld-A2    | Veld-B1         | Veld-B2     | Veld-D1       | Veld-D2        |          |
| 17.00 - 17.15     |              |            | JO10-2          | JO10-3      | JO9-2         | JO9-3          |          |
| 17.15 - 17.30     |              |            | JO10-2          | JO10-3      | JO9-2         | JO9-3          |          |
| 17.30 - 17.45     | JO9-1        |            | JO10-2          | JO10-3      | JO9-2         | JO9-3          |          |
| 17.45 - 18.00     | JO9-1        |            | JO10-2          | JO10-3      | JO9-2         | JO9-3          |          |
| 18.00 - 18.30     | JO9-1        |            |                 | JO12-3      | JO10-1        |                |          |
| 18.30 - 18.45     |              |            |                 | JO12-3      | JO10-1        |                |          |
| 18.45 - 19.00     | JO15-2       |            |                 | JO12-3      | JO10-1        |                |          |
| 19.00 - 19.30     | JO15-2       |            | MO13-1          |             | JO12-1/2      |                |          |
| 19.30 - 20.00     | JO15-2       |            | MO13-1          |             | JO12-1/2      |                |          |
| 20:00 - 20:30     | A-selectie   | A-selectie | B-selectie      | B-selectie  | C-selectie    | C-selectie     |          |
| 20:30 - 21:00     | A-selectie   | A-selectie | B-selectie      | B-selectie  | C-selectie    | C-selectie     |          |
| 21:00 - 21:30     | A-selectie   | A-selectie | B-selectie      | B-selectie  | C-selectie    | C-selectie     |          |
| <b>Woensdag:</b>  |              |            |                 |             |               |                |          |
| Tijd van - tot    | Veld-A1      | Veld-A2    | Veld-B1         | Veld-B2     | Veld-D1       | Veld-D2        |          |
| 17.00 - 17.30     | Waddenrobkes | MO11-1     |                 |             | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 17.30 - 17.45     | Waddenrobkes | MO11-1     | JO11-1 & JO11-2 | JO13-2      | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 17.45 - 18.00     | Waddenrobkes | MO11-1     | JO11-1 & JO11-2 | JO13-2      | JO8-1 & JO8-2 | JO8-3 & JO10-4 |          |
| 18.00 - 18.30     |              |            | JO11-1 & JO11-2 | JO13-2      | JO11-3        |                |          |
| 18.30 - 18.45     |              |            |                 |             | JO11-3        |                |          |
| 18.45 - 19.00     | JO15-3       | JO15-4     | JO17-2          |             | JO11-3        |                |          |
| 19.00 - 19.15     | JO15-3       | JO15-4     | JO17-2          |             |               |                |          |
| 19.15 - 19.45     | JO15-3       | JO15-4     | JO17-2          |             | JO15-5M       | JO15-5M        |          |
| 19.45 - 20.00     |              |            | JO17-2          |             | JO15-5M       | JO15-5M        |          |
| 20.00 - 20.15     | JO19-1       |            |                 | Zeerobben 4 | JO15-5M       | JO15-5M        |          |
| 20.15 - 20.30     | JO19-1       |            | Zeerobben 4     | Zeerobben 4 |               |                |          |
| 20.30 - 21.00     | JO19-1       |            | Zeerobben 4     | Zeerobben 4 |               |                |          |
| 21.00 - 21.30     | JO19-1       |            | Zeerobben 4     | Zeerobben 4 |               |                |          |
| <b>Donderdag:</b> |              |            |                 |             |               |                |          |
| Tijd van - tot    | Veld-A1      | Veld-A2    | Veld-B1         | Veld-B2     | Veld-D1       | Veld-D2        |          |
| 16:00 - 17:00     | JO13-1       |            |                 |             |               |                |          |
| 17.00 - 17.15     | JO13-1       |            | JO10-3          |             | JO9-2         | JO9-3          |          |
| 17.15 - 17.30     | JO13-1       |            | JO10-3          |             | JO9-2         | JO9-3          |          |
| 17.30 - 17.45     | JO9-1        |            | JO10-3          |             | JO9-2         | JO9-3          |          |
| 17.45 - 18.00     | JO9-1        |            | JO10-3          |             | JO9-2         | JO9-3          |          |
| 18.00 - 18.30     | JO9-1        |            |                 |             | JO10-1        | JO12-3         |          |
| 18.30 - 18.45     |              |            |                 |             | JO10-1        | JO12-3         |          |
| 18.45 - 19.00     | JO15-2       |            |                 |             | JO10-1        | JO12-3         |          |
| 19.00 - 19.30     | JO15-2       |            | MO13-1          |             | JO12-1/2      |                |          |
| 19.30 - 20.00     | JO15-2       |            | MO13-1          |             | JO12-1/2      |                |          |
| 20:00 - 20:30     | A-selectie   | A-selectie | B-selectie      | C-selectie  | VR1           | VR1            |          |
| 20:30 - 21:00     | A-selectie   | A-selectie | B-selectie      | C-selectie  | VR1           | VR1            |          |
| 21:00 - 21:30     | A-selectie   | A-selectie | B-selectie      | C-selectie  | VR1           | VR1            |          |
| <b>Vrijdag:</b>   |              |            |                 |             |               |                |          |
| Tijd van - tot    | Veld-A1      | Veld-A2    | Veld-B1         | Veld-B2     | Veld-D1       | Veld-D2        |          |
| 16.30 - 16.45     | JO13-3       |            |                 |             |               |                |          |
| 16.45 - 17.30     | JO13-3       | JO10-2     |                 |             |               |                |          |
| 17.30 - 17.45     |              | JO10-2     |                 |             |               |                |          |
| <b>Zaterdag:</b>  |              |            |                 |             |               |                |          |
| 10:00 - 11:30     | JO15-1       |            |                 |             |               |                |          |